



### **CHECKPOINT 3 – PRIVATE LAND BESIDE THE SIX FOOT TRACK**

Checkpoint 3 is located within private land beside The Six Foot Track on Megalong Valley Road. It is approximately a 40-minute drive from Katoomba to Checkpoint 3. You should drive particularly carefully when driving along Megalong Valley Road to and from Checkpoint 3 as there are often many kangaroos and wombats on the road. The checkpoint parking is in a large paddock. At night the main marquees will be lit up. Between 10:00am and 6:00pm you can buy food for yourself and your runner from Snax on Trax café. They will be selling rissole sandwiches, sausage sandwiches, bacon and egg sandwiches, pasta and other hot food, cakes, soft drinks, tea, hot chocolate and coffee. There will be portable toilets.

To allow plenty of time, you should depart Checkpoint 3 very soon after you have seen your runner off onto the next leg of the race. The fastest runners will take only one hour to get from Checkpoint 3 to Checkpoint 4 (average runners will take 2 hours) and you will take 40 minutes to drive between these checkpoints. It can be slow turning back onto The Great Western Highway at Blackheath on your return towards Katoomba. Note that there is a dam on the Checkpoint 3 property so if you have infants or children who can't swim, make sure to keep them with you at all times and don't let them wander through the checkpoint site to the dam.

### **Driving Directions to Checkpoint 3 (Katoomba to The Six Foot Track)**

- From Katoomba travel 10.7km along The Great Western Highway to Blackheath (same direction as Lithgow). On the way to Blackheath you will pass through the small town of Medlow Bath.
- At the traffic lights in the centre of Blackheath, turn left into Bundarra St which immediately crosses over the train line.
- Immediately after crossing the train line turn left into Station St.
- After 380m on Station St, turn right into Shipley Rd.
- After 800m on Shipley Road, turn left into Megalong Road. This turn is signposted to Megalong Valley but is easy to miss if you are not paying attention.
- Megalong Road leads you down a steep and winding road into the Megalong Valley. Remain on Megalong Road until just beyond The Six Foot Track. Checkpoint 3 is located on private land in a paddock. The entrance to the paddock is 14km from the Shipley Road turnoff and 3km past the small town of Megalong with a tea room and school. It is also 500m past Old Ford Reserve or 100m beyond The Six Foot Track.